



First Nations Health Authority
Health through wellness

Indigenous Community Perspectives: The Power of Data

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First Nations Health Authority

January 2023



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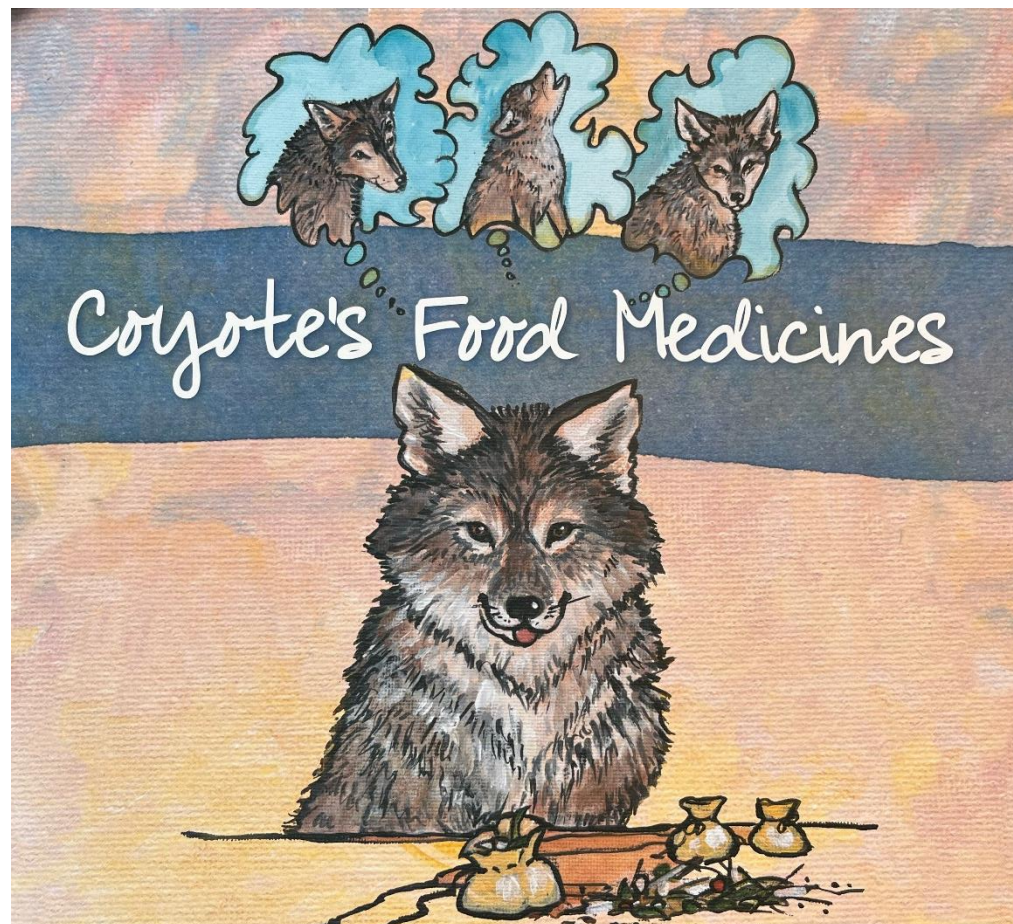
First Nations data

Our ancestors were storytellers



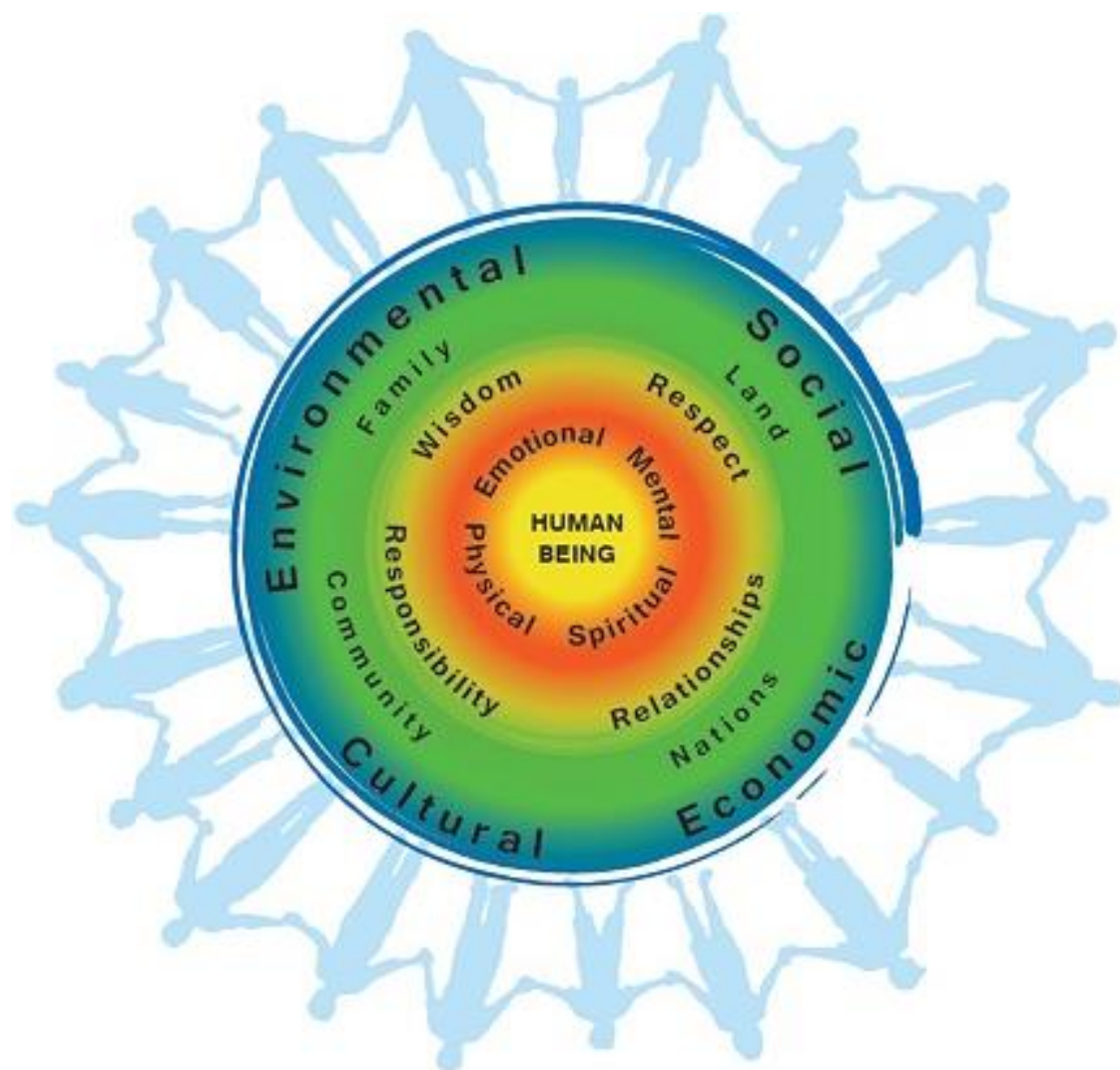


Storytelling as Knowledge Transfer



The *Coyote's Food Medicines* storybook

- Assist with healthy use of medication;
- Contributes to conversations with health care providers;
- Facilitates reciprocal learning; and,
- Key role in cultural safety and humility.



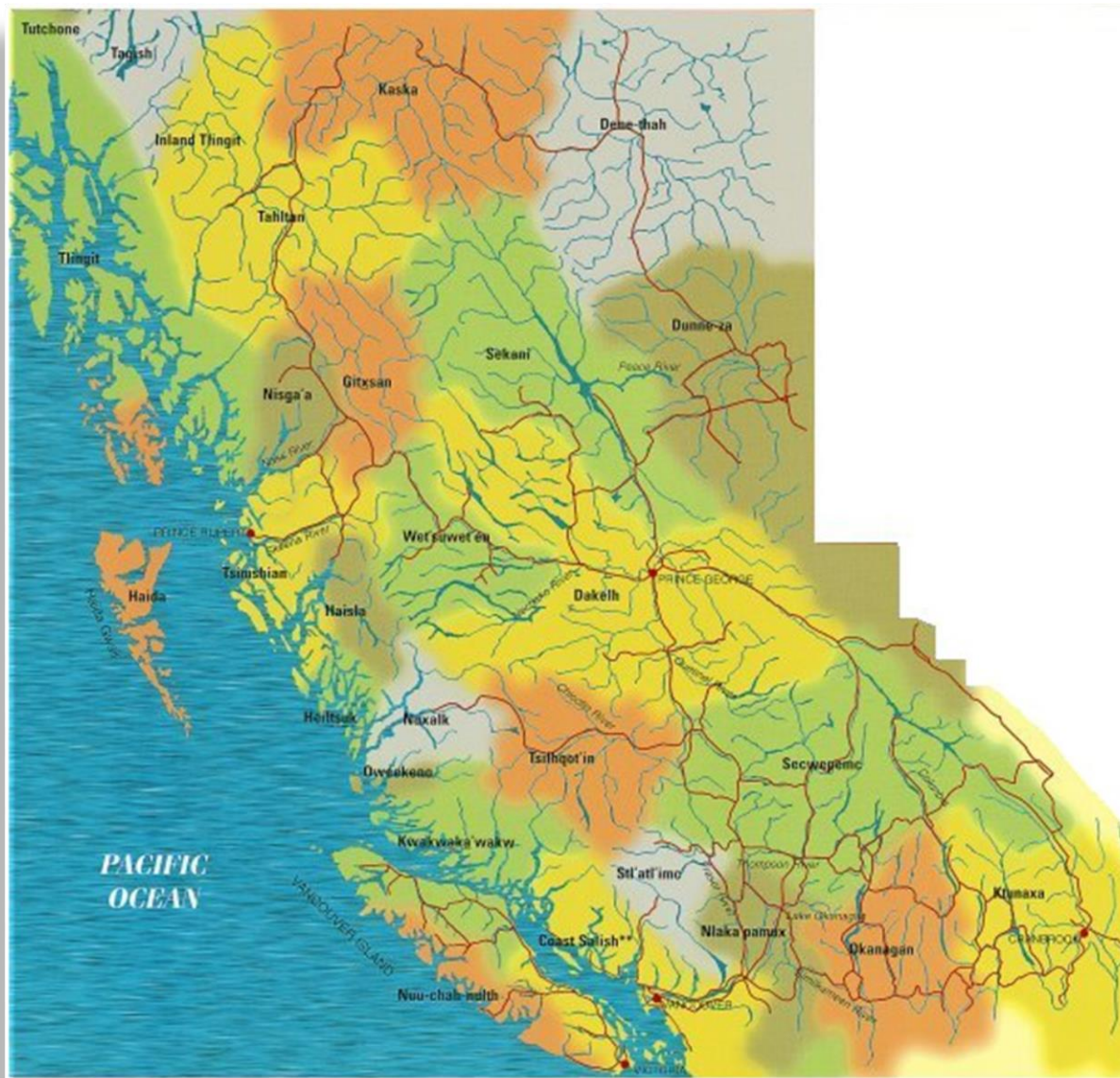
- Wholistic vision of wellness
- Reflective of the interconnectedness of the mental, physical, emotional, and spiritual facets of life
- Broader determinants of well-being
- Traditional teachings, ceremonies, traditional medicines, and ways of healing

BC First Nations Perspective on Health and Wellness



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First Nations in British Columbia



Diversity:

- 26 Cultural Groups
- 34 Languages
- Over 200 First Nations

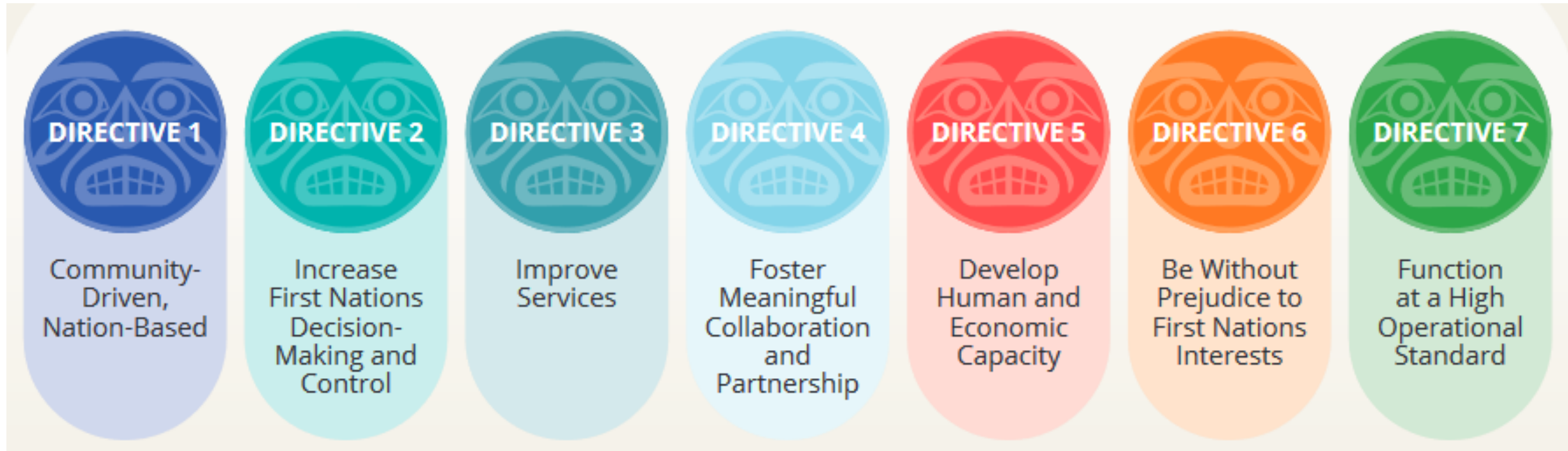
Shared Vision & 7 Directives developed by First Nations in BC underpin work



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Vision: Healthy, Self-Determining and Vibrant First Nations Children, Families and Communities in BC

7 Directives:





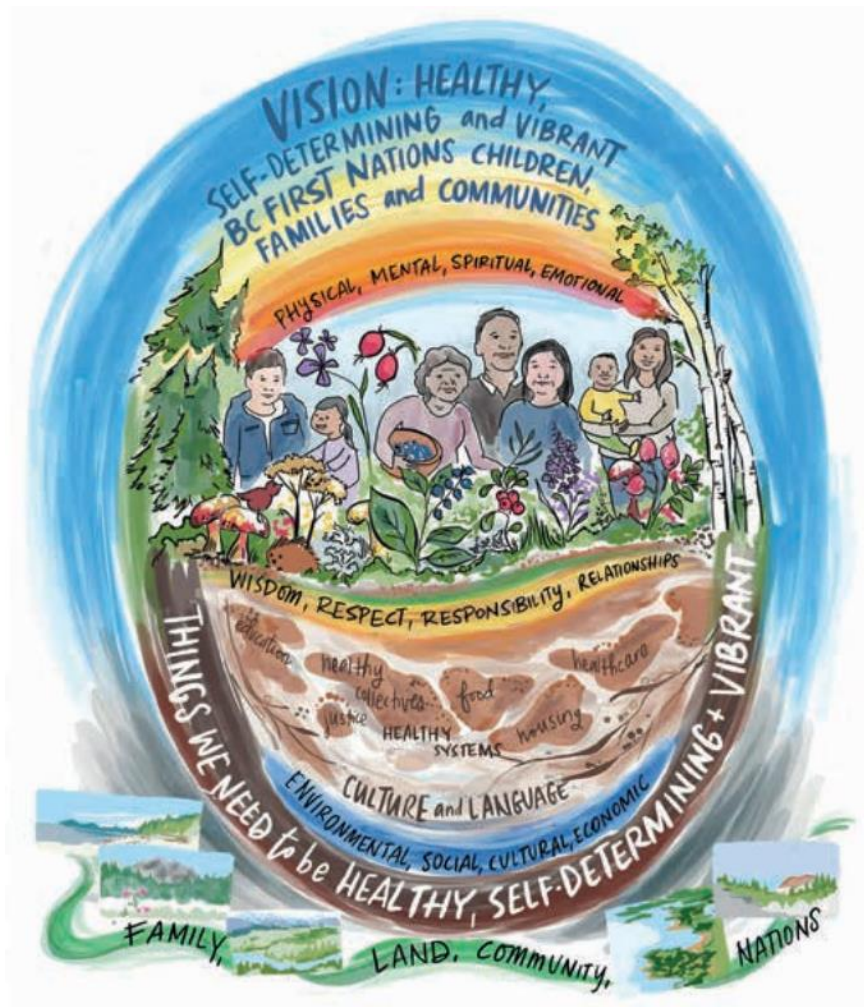
Indicators



1. Healthy, Self-Determining Nations and Communities
2. Supportive Systems
3. Healthy, Vibrant Children and Families – Physical, Mental, Spiritual, and Emotional Wellness



What does that look like?

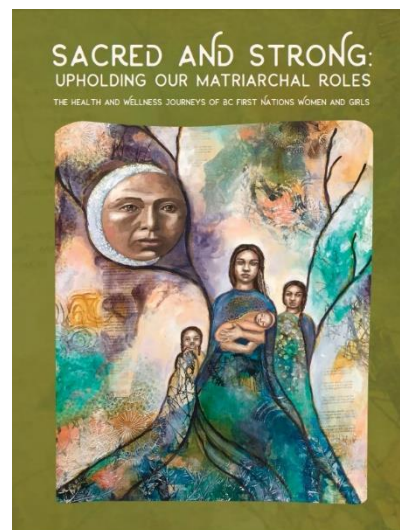
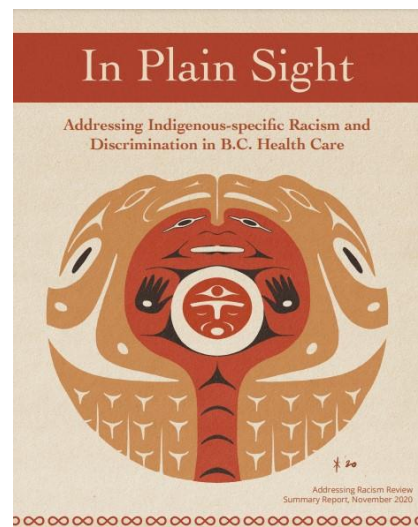
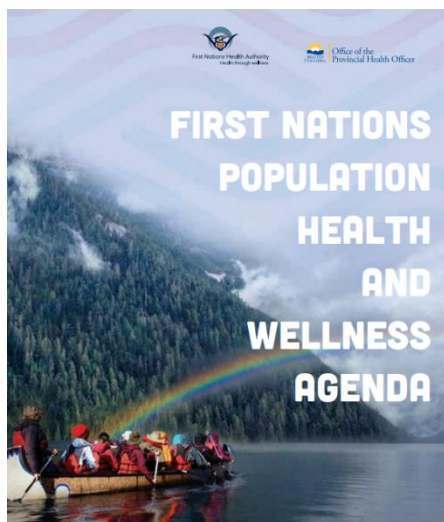


- Connection to land
- Oral health
- Mental health
- Access to primary care
- Infant wellness
- Tobacco use
- Substance use
- Morbidity and mortality

Putting Data to Work for Community

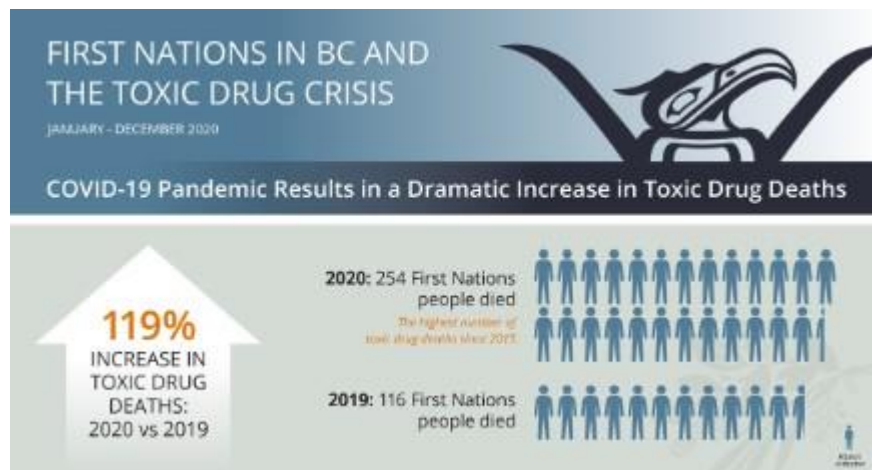


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- Evaluation
- Reporting
- Anti-Racism Work
- Regional and Provincial Planning and Resources
- Leveraging funding

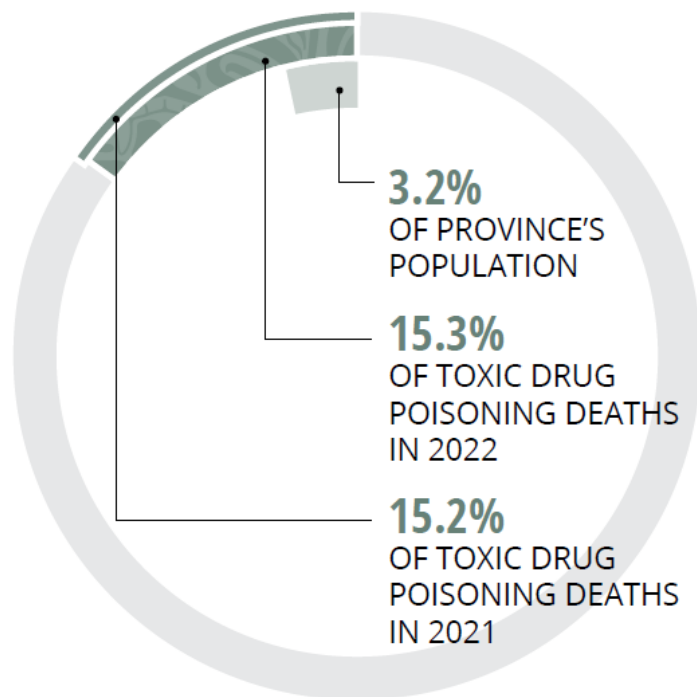
- Public Health Orders:
 - Toxic Drug Crisis
 - COVID-19 response



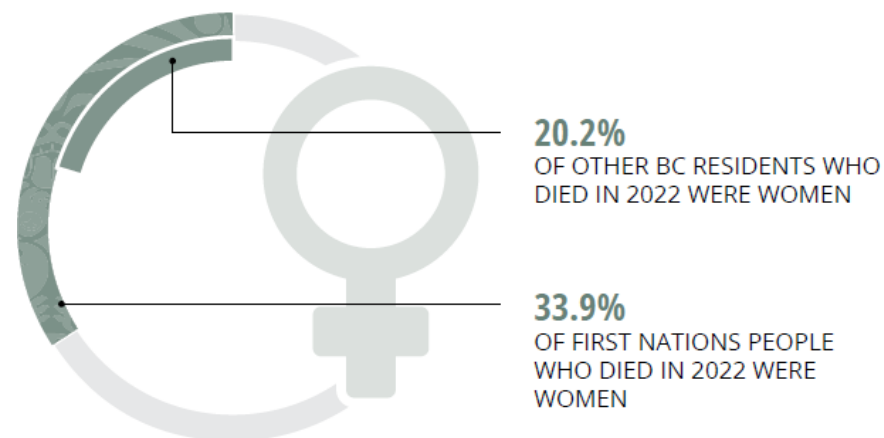


Comparisons

FIRST NATIONS PEOPLE ARE DISPROPORTIONATELY REPRESENTED IN TOXIC DRUG POISONING DEATHS



FIRST NATIONS WOMEN EXPERIENCE VERY HIGH RATES OF TOXIC DRUG POISONING DEATH



RATE OF TOXIC DRUG POISONING DEATH

5.3 x First Nations people died at 5.3 times the rate of other BC residents in 2022 (Jan-June). This number was 5.4 for the same time period in 2021.

8.8 x First Nations women died at 8.8 times the rate of other female BC residents in 2022

4.4 x First Nations men died at 4.4 times the rate of other male BC residents in 2022

Considerations in acquiring and storing data



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- Privacy Legislation
- Information Sharing Agreements to build bridges
- Conduct and Training: Readiness to work with data in a good way
- Consider privacy impact assessment under privacy law



The background of the slide is a close-up photograph of several wooden planks. The planks are arranged in a staggered pattern, with some showing a prominent grain and others appearing smoother. The colors range from light tan to a medium brown. The word "Conclusions" is centered over this background in a bold, black, sans-serif font.

Conclusions



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Thank You

Gayaxsixa (Hailhzaqvla)

Huy tseep q'u

(Hul'q'umi'num)

Dun'kwu (Haida)

Gilakas'la (Kwakwaka'wakw)

Kleco Kleco (Nuu-Chah-

Nulth)

k^wuk^wstéyp (Nlaka'pamux)

Snachailya (Carrier)

Límləmt (Syilx)



Mussi Cho (Kaska Dena)

Tooyksim niin (Nisga'a)

Kukwstsétsemc (Secwepemc)

čěčəhaθεč (Ayajuthem)

Sechanalyagh (Tsilhqot'in)

kw'as ho:y (Halq'eméylem)

T'oyaxsim nisim (Gitxsan)

Chem Kwen Mantúmi (Squamish)